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Abbotsford's Own Private Health And Fitness Club Offering Personal Training, Exercise Rehab And Kinesiology, Strength And Conditioning, And Functional Weight Training Programs. May 18th, 2018

### **Core Fitness Physical Therapy**

Core Fitness And Physical Therapy Is A Great Resource In Our Community. The Physical Therapists Have A Wide Variety Of Knowledge And Really Tailor Their Approach To The Individual Person. Apr 17th, 2018

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At Core Health & Fitness We Aim To Provide Our Partners A Foundation Backed By The Strongest Brands In The Industry. Four Iconic Brands That Pioneered Entire Categories, And Whose Machines Are Still The Ones Members Ask For By Name... Jul 3th, 2018

### **Core Society Fitness**

Core Society Fitness Offers A 45 Minute, Music Driven Workout Designed To Build Strength, Endurance, Flexibility, And Mental Strength. CSF Workouts Utilize Sebastien Lagree's Patented Method, State-of-the-art Megaformer (M3) Machines, Carefully Selected Music, And An Immersive Setting To Eliminate Distractions And Help You Focus. Sep 13th, 2018

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We Are Pleased To Announce Our Partnership With WILKES BARRE- SCRANTON CHIROPRACTIC! Chiropractors Dr. Nestor DeQuevedo And Dr. Chris Yonki Specialize In Chiropractic And Rehabilitation As Well As DOT Physicals For The Residents Of Wilkes Barre And Scranton, PA. May 3th, 2018

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Engage Your Core And Build Lean Muscle On Our SURFSET® Boards. Our Total-body Classes Are Inspired By One Of The World's Most Athletic Sports, Surfing. Sep 4th, 2018

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